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# Your Secret Self: Illuminating The Mysteries Of The Twelfth House





# Synopsis

The Twelfth House is where the angels of our creative inspiration and spirituality, and the demons of our shadow self reside. Tracy Marks, psychotherapist /astrologer, provides penetrating insights into the inner workings of both the hidden weaknesses and strengths of the Twelfth House, and provides practical and easy-to-use worksheets to support the process of recovering buried facets of ourselves.Part I: The multi-faceted meanings of the Twelfth HousePart II: The meaning of individual Twelfth house planets and signs, their rulers and placementPart III: Psychodynamics of the Twelfth House -the emotional conflicts associated with it, and the process of integrating and liberating Twelfth House energiesPart IV: Self Transformation through Dreamwork and the dream experience using case studies related to the Twelfth HousePart V: The Collective Shadow, focusing on the Twelfth House of the United States.This is an updated, expanded and revised addition of a book published in 1989, with over 30 pages of new material.

### **Book Information**

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## **Customer Reviews**

I have initially published a three-star harsh review, declaring that the writer seems to be

self-absorbed and there are too many examples of physical intimacy in the book. I received the comment written by the author herself. I have to say that I cannot believe that the author herself commented on my review. I am in total disbelief since the author is a well-know and famous astrologer whom I admire. I have gladly raised the stars to five after reading the comment. In my defence I have to say that I personally have no twelfth house planets (I have some first house planets including Pluto and Mars that is forming a tight conjunction with my Ascendant- these placements along with my Sun conjunct Uranus configuration in Sagittarius in third house make me a harsh reviewer during certain times). The twelfth house terrain is completely unchartered for me and is incredibly difficult for me to comprehend. I got this book as both of my children who are twin boys were born recently and both of them have some twelfth house planets. I heard that the traditional term for this house was the house of troubles and that it had something to do with childhood experiences. I decided that I had to read the book on this subject so that I could better understand my children and so that I could help them grown into healthy, happy adults. In the end, I am very glad that I bought the book and read it. There is so much useful information on the twelfth house. This book is a must-read for anyone who has one or some twelfth house planets and who is on a road of self discovery. The section on dream interpretation is invaluable. I have successfully interpreted so many of mine and others  $\tilde{A}f\hat{A}\phi\tilde{A}$   $\hat{a} \neg \tilde{A} \hat{a}_{\mu}\phi$  dreams after reading it. I even made some predictions that were based upon my dreams. Those I know constantly turn to me for help in interpreting their dreams. I ultimately owe this popularity that I now have among those who know me to the author of the book.

I absolutely loved this book! It gave me so much insight and relevant descriptions for these planetary placements in the birth chart. Having several 12th house planets in my birth chart, I could totally relate to what she described! Every thing I read really hit the nail on the head in an uncanny way. My consciousness has grown by leaps and bounds as a result of this book. It has helped me tremendously! A great addition to the library of any astrology enthusiast! Thank you, Tracy Marks, for this valuable reference book!

This by far is the BEST 12th house astrology book I have EVER read. If you have a lot of planets in the 12th house like I do, (or even one planet) then this is a must have book. I have never read anything this accurate about the 12th house, not even any website or internet blog can come close to compare. Very insightful. Excellent book and would highly recommend!

She doesn't relate enough the twelfth house with Neptune. I think that is a weakness

Excellent book. Perfect blend of psychology & astrology. Insightful & full of practical tools.

So much in depth about the 12th house. I loved it. I would recommend to any level of astrology student.

I like Tracy Marks' writing style. Her information is sound, comprehensive and straightforward. This book is an interesting, informative read.

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